

Referrals for Nuneaton and Bedworth Locality

Courtesy of Warwickshire Stop Smoking Service





DISCIPLINE	ORGANISATION	ADDRESS & CONTACT NO.		SPECIALITY
Alcohol & Drugs	 	The Recovery Partnership 37-38 Coton Rd, Nuneaton, CV11 5TW Tel: 02476 641100 Fax: 02476 388060 Email:info@cw-recovery.org.uk		The Recovery Partnership will provide: <ul style="list-style-type: none">• interventions including drug and alcohol advice• treatment options including prescribing and detox• needle exchange services
Alcohol & Drugs		Compass Warwickshire Suite 4 Hilton House Corporation Street Rugby, CV21 2DU 01788 578227		Advice and support for young people (under 18s) experiencing problems related to drug or alcohol use
Befriending		Age UK Newtown Centre, Newtown Road Nuneaton, CV11 4HG		Volunteer befrienders support housebound and isolated older people (mostly 55+) through one-to-support.
Befriending		Samaritans 57 Moor Street, Earlsdon, Coventry, CV5 6ER 02476 678678 Or to talk to someone: 08457 90 90 90 enquiries@coventrysamaritans.co.uk		<ul style="list-style-type: none">• Relationship and family problems• Loss, including loss of a job or bereavement• Financial worries• Job-related stress or overwork• College or study related stress• Body image issues <p>We respond to phone calls, emails and letters. Alternatively, you can often drop in to a branch to have a face to face meeting.</p>
Childrens Centres		Name	Contact Details	We work alongside local families with children under five, providing information, advice, support and a wide range of services. Help with returning to work, finding childcare, family support, family health, and much more are offered.
		Abbey Children's Centre	Hatter's Space, Upper Abbey Street, Nuneaton, CV11 5DN, 02476 325949	
		St Michaels Childrens Centre	Hazel Grove, Bedworth CV12 9DA, 02476 494171	
		Riversley Park Children's Centre	Clinic Drive , Coton Road,Nuneaton CV11 5TY	
		Stockingford	St Pauls Road. Stockingford	

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		<table><tr><td>Early Years Centre and Library</td><td>Nuneaton, CV10 8HW, 02476 383708</td></tr><tr><td>Camphill Early Years Centre</td><td>Holystitches Road, Camp Hill Nuneaton, CV10 9QA 02476 346155</td></tr><tr><td>Bulkington Children's Centre</td><td>Bulkington Village Centre School Road, Bulkington CV12 9JB 02476 318786</td></tr><tr><td>Ladybrook Children's Centre</td><td>Ladybrook Children's Centre Windermere Avenue, Nuneaton CV11 6HH, 02476 322066</td></tr><tr><td>Bedworth Heath Children's Centre</td><td>Glebe Avenue, Bedworth CV12 ODP, 02476 364188</td></tr><tr><td>Rainbow Children's Centre</td><td>181 Smorrall Lane, Bedworth, CV12 OJP, 02476 644276</td></tr><tr><td>Park Lane Children's Centre</td><td>Park Lane Primary School Park Lane, Nuneaton CV10 8NL 02476 352692</td></tr></table>	Early Years Centre and Library	Nuneaton, CV10 8HW, 02476 383708	Camphill Early Years Centre	Holystitches Road, Camp Hill Nuneaton, CV10 9QA 02476 346155	Bulkington Children's Centre	Bulkington Village Centre School Road, Bulkington CV12 9JB 02476 318786	Ladybrook Children's Centre	Ladybrook Children's Centre Windermere Avenue, Nuneaton CV11 6HH, 02476 322066	Bedworth Heath Children's Centre	Glebe Avenue, Bedworth CV12 ODP, 02476 364188	Rainbow Children's Centre	181 Smorrall Lane, Bedworth, CV12 OJP, 02476 644276	Park Lane Children's Centre	Park Lane Primary School Park Lane, Nuneaton CV10 8NL 02476 352692	
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Community Centres		<p>Bulkington Village Centre - 02476 494094 Exhall Community Centre - 02476 314746 Park House Community Centre - 02476 375497 Hatters Space Community Centre - 02476 384491 Wembrook Community Centre - 02476 384522 Stockingford Community Centre - 02476 388508 Whitestone Community Centre - 02476 349841 Grove Farm Community Centre - 02476 386588 Keresley Community Centre - 02476 331747 Bedworth Heath Community Centre - 024 76 3 2512 CHESS (Camphill) - 02476 757100</p>	Community centres offering activities such as weight watchers, foreign language classes, florestry, fitness classes, youth groups, scouting, girl guiding etc.														
Counselling		<p>Sycamore Counselling 12 Riversley Road · Nuneaton CV11 5QT</p> <p>Tel: 02476 744544</p>	<p>We have a team of counsellors who work with adults, children and young people with a variety of issues which include:</p> <table><tr><td>Anxiety</td><td>Sexual Abuse</td></tr><tr><td>Depression</td><td>Stress</td></tr><tr><td>Parenting</td><td>Bullying</td></tr><tr><td>Addiction</td><td>Relationships</td></tr><tr><td>Bereavement</td><td></td></tr></table>	Anxiety	Sexual Abuse	Depression	Stress	Parenting	Bullying	Addiction	Relationships	Bereavement					
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Cultural Awareness		Osman Sheikh 6 Frank Street Nuneaton CV11 5RB 07946 516262 OR 07779 648460	We provide various services ranging from informal advice on culture, religion and belief to customised training around identity, integration, diversity, radicalisation, preventing violent extremism, political and civic engagement.
Disabilities		Sense 123 Abbey Street, Nuneaton 024 7637 1819	Supports and campaigns for people who are deafblind. We provide tailored support, advice and information as well as specialist services to all deafblind people, their families, carers and the professionals who work with them.
Disabilities		People in Action White Lion Chambers, 44 High Street, Bedworth, CV12 8NF Telephone: 024 76 643776 admin@people-in-action.co.uk	Support and care provided in your own home for adults who may have learning disabilities, physical disabilities or other additional needs. We encourage people to become as independent as possible.
Disabilities		Thisledome, Waggstaff Drive, Galley Common, Nuneaton, CV10 9SL 07708 951042 nathan@inglebyfoundation.org	The Ingleby Foundation is a registered charity providing care and support throughout Warwickshire to people who have physical and/or learning disabilities, mental health problems or are recovering from an illness or a difficult time in their lives. All our projects are open to all encouraging inclusion, breaking down of barriers & misconceptions. Check out their Thisledome Project in Nuneaton: http://www.inglebyfoundation.org/projects/thisledome
Disabilities		D.I.A.L. & Shopmobility Nuneaton - Unit 1 Ropewalk Multi-Storey Coton Road Nuneaton CV11 5TQ Bedworth - 9 Leicester Street Bedworth CV12 8GG Nuneaton - 02476 325908 Bedworth - 02476 311199	D.I.A.L (Disablement, Information & Advice Line) gives confidential and free information and advice to disabled people, carers and other agencies relating to disability benefits, equipment, support groups etc

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		enquiries@nbdial.com	
Domestic Abuse		Warwickshire Against Domestic Abuse 0800 408 1552 www.talktosomeone.org.uk	Help or those suffering from domestic abuse
Environmental Health		Nuneaton Town Hall, Coton Road, Nuneaton, CV11 5AA Bedworth Area Office, High Street, Bedworth, CV12 8NF 024 7637 6376	Pest control, flytipping, dog fouling, animal welfare, conservation, allotments, pollution, street cleaning
Housing		Nuneaton Town Hall, Coton Road, Nuneaton, CV11 5AA Bedworth Area Office, High Street, Bedworth, CV12 8NF 024 7637 6376	We can provide council property if eligible, we deal with tenant issues, rent, housing repairs, homelessness, squatters, tenant arrears, nuisance neighbours and demolition's.
Mental Health		Mental Health Matters 0800 616171 Or text 07786202242	Accept self referrals for those with mental health issues including depression, anxiety etc
Mental Health		North Warwickshire Crisis Resolution and Home Treatment Team Avenue House 3 Manor Court Avenue Nuneaton CV11 5HX Tel: 02476 321548	Crisis teams accept referrals from people experiencing a psychiatric crisis, eating disorder, dementia, autism or learning disabilities. They provide multidisciplinary assessment and if appropriate, offer home treatment as an alternative to hospital admission. Availability: 24 hours/7 days - GP referral only
Mental Health		IAPT 0845 5216100	Provide psychological interventions including CBT for those experiencing symptoms of depression and anxiety, who are motivated to make a positive change - CAN SELF REFER

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Mental Health		<p>Mind infoline PO Box 277 Manchester, M60 3XN 0300 123 3393 info@mind.org.uk</p>	<p>We're here to make sure anyone with a mental health problem has somewhere to turn for advice and support.</p>
Mental Health		<p>Books on Prescription Resources Group Shire Hall, Warwick CV34 4RR Tel: 01926 412189</p>	<p>BOP is currently available across Warwickshire for GPs, IAPT Practitioners, Mental Health Professionals within Warwickshire County Council and Coventry and Warwickshire Partnership Trust, Occupational Health within public bodies and Wellbeing Centres to prescribe for their patients and service users</p>
Mental Health		<p>Warwickshire User Involvement Service 44 Holly Walk Leamington Spa, CV32 4HY Tel: 01926 311520 userinvolvementwarks@makingspace.co.uk</p>	<p>Making Space is taking an active role in the dynamic transformation that is taking place in the world of mental health care. By delivering a high quality support service for real people with a range of <u>mental health</u> conditions, <u>learning disabilities</u> and <u>dementia</u>, AND their <u>carers</u>, Making Space is meeting the challenge</p>
Physical Activity & General Health		<p>Health Trainer Service Camp Hill GP Led Health Centre, Ramsden Avenue Nuneaton, CV10 9EB 02476 390008 healthtrainers@geh.nhs.uk</p>	<p>If you live in Barpool, Abbey Wembrook, Bede or Poplar a health trainer can support you to:</p> <ul style="list-style-type: none"> • Eat more healthily • Increase you physical activity • Cut down on your alcohol intake • Stop smoking
Physical Activity & General Health		<p>Nuneaton & Bedworth Healthy Living Network St Nicolas Park Clinic Windermere Avenue Nuneaton, CV11 6HH Tel. 02476 322048</p>	<p>Healthy Living Network support to achieve a healthy lifestyle. Weight Management, Family activities, Older peoples services, local exercise classes, healthy eating etc.</p> <p>Tai Chi : Wembrook Community Centre Thursday 12.30-1.30pm Grove Farm Community Centre Wednesday 2-3pm Newtown Centre Wednesday 1-2pm</p> <p>Bums & Tums- Edward Street Day Centre -Tuesday 5-</p>

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			5.45pm Seated/Over 50's Zumba Newtown Centre Wednesday 10-10.45
Physical Activity & General Health		Penny Kirkham Physical Activity Lead Officer CSW (Coventry, Solihull and Warwickshire) Sport and Physical Activity Partnership To Refer call: 03000 247 111 E: penny@cswsport.org.uk W: www.cswsport.org.uk P: CSW Sport, c/o The University of Warwick, Westwood Campus, Coventry, CV4 7AL	The exercise referral scheme is a chance for those who are less active and suffer from mild/moderate health conditions to become more involved in Physical Activity. It consists of a 12 week personalised programme for each individual at a leisure provider of their choice.
Physical Activity & General Health		Anneka Ransome (024) 7640 0547 07789 705097 anneka.ransome@nbleisuretrust.org	The Physical Activity Consultant (PAC) role concentrates on those who currently have an element of cardio vascular disease (CVD) or are at the risk of developing. You are normally eligible for the PAC Scheme if you are diabetic, have heart disease, had a stroke, are overweight, are a smoker, have high blood pressure/cholesterol, have COPD or have kidney disease and live within Abbey, Attleborough, Barpool, Bedworth Heath, Camphill or Wembrook. PAC is £2.30 a session, gp referral is currently £8.50 a month
Physical Activity & General Health		Pingles Leisure Centre Avenue Road, Nuneaton, CV11 4LX 02476 400 500 pingles@nbleisuretrust.org Bedworth Leisure Centre Coventry Road, Bedworth, CV12 8NN 02476 400 502 bedworth@nbleisuretrust.org	Provides leisure centres for everyone including swimming pools, running tracks, gyms and fitness classes at: Pingles Leisure Centre Etone Sports Centre Bedworth Leisure Centre Alec Wilson Centre Jubilee Sports Centre Nuneaton Sports Academy.

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Physical Activity & General Health		Nuneaton Town Football Club Triton Showers Community Arena Liberty Way, Nuneaton, CV11 6RR Tel: 024 7638 5738	<p>The Particip8 programme is aimed specifically at girls ages 7-16 in order to increase sport participation rates throughout Nuneaton & Bedworth.</p> <p>The Nuneaton Town F.C. Community Foundation is a charity. We deliver a wide range of affordable activities, designed to bring together all members of the local community, regardless of their background.</p> <p>Motiv8 is a leisure and fitness programme designed to increase the sporting participation of teenagers within the Middlemarch and Wembrook ward.</p>
Pregnancy		Bubbalicious FSID, 11 Belgrave Road, London, SW1V 1RB. www.bubbalicious.co.uk mailto:info@bubbalicious.co.uk	For anyone who's young, had children, is pregnant or is looking for advice
Pregnancy	Tommy's	Tommy's Nicholas House, 3 Laurence Pountney Hill London, EC4R 0BB Tel: 0207 398 3400 Email: mailbox@tommys.org	A charity that funds medical research into miscarriage, stillbirth and premature birth and provides information on having a healthy pregnancy
Rape/Sexual Abuse		Tel: 01788 551150 Email: rosa.support@btconnect.com	Rape or Sexual Abuse Support Services
Stop Smoking		Smoke Free Warwickshire, FREEPOST MID 23827, Leamington Spa, CV32 5BR 0800 085 2917 www.smokefreewarwickshire.org smokefreewarwickshire@nhs.net or text LIFE to 80800	Most doctor's surgeries in Nuneaton & Bedworth and some pharmacies offer a stop smoking service. The service is provided on a one-to-one basis, usually with a Practice Nurse or Pharmacist/Pharmacy Assistant. Quitters will get regular appointments over the first few weeks of quitting, along with prescriptions for nicotine replacement therapy, Zyban or Champix. Please call us to find out the nearest service to you.

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		<p>http://www.facebook.com/smokefreewarwickshire</p> <p>https://twitter.com/#!/StopsmokingWSSS</p> <p>Mobile Phone APP: 'Quit Smoking App' - provided by DOH</p> 	
Support Services (Carers etc)		<p>Guideposts Trust (Carers Support Service) 44-45 Church Street, Nuneaton, Warwickshire CV11 4AD 024 7638 5888</p>	Provides direct services in the community for people with or recovering from mental health issues, for people with Alzheimer's and other forms of dementia, for people with a learning or health disability, for older people, for carers and for children with special needs.
Support Services (race equalities)		<p>WREP 10 Hamilton Terrace, Holly Walk, Leamington Spa, CV32 4LY 0844 800 9990 01788 576424 Benjievans@wrep.org.uk</p>	WREP provides a free and impartial casework service for anyone who feels that they have been discriminated against or experienced difficulty in using / accessing public services because of their race or ethnic background. Our officers can provide you with the help and support to resolve your issues. We will also create an action plan with you in order to help you with your case and we will keep you informed at each step of the way.
Support Services (Friendship & Housing)		<p>Bedworth Wellbeing Station 97 Leicester Road, Bedworth, CV12 8AH Tel No: 02476 848 128 Fax No: 02476 311 671</p>	We encourage independence and improve life for people and their communities. We provide homes, support and care that really make a difference. We work closely with other organisations including councils, the NHS, voluntary organisations and other welfare, housing and regeneration agencies to benefit local communities.

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Youth Services		Nuneaton Club 4 Young People, The Boys Club, Avenue Road, Nuneaton, CV11 4NA Telephone: 024 7638 5861 - Email: info@ncyp.co.uk	Provide activities for young people such as boxing, football, table tennis, karate, youth club.																		
Youth Services		<table><thead><tr><th>Name</th><th>Contact details</th></tr></thead><tbody><tr><td>Alderman Smith Youth Wing</td><td>Radnor Drive, Nuneaton, CV10 7ND, Tel 02476 341134</td></tr><tr><td>Bedworth Heath & Keresley Village</td><td>Croxhall Street, Bedworth, Cv12 8JB, Tel 02476 312295</td></tr><tr><td>Camp Hill Youth & Community Centre</td><td>Cedar Road, Camp Hill, Nuneaton, CV10 9DN, Tel 02476 757100</td></tr><tr><td>Eaton Youth Club</td><td>Higham Lane School, Higham Lane, Nuneaton, CV10 9EB, Tel 02476 370892</td></tr><tr><td>Family Community Care Centre</td><td>Ramsden Ave, Camp Hill, Nuneaton, CV10 9EB, Tel 02476 390008</td></tr><tr><td>George Eliot Youth Wing</td><td>Raveloe Drive, Nuneaton, CV10 4QP Tel 02476 384522</td></tr><tr><td>Hatters Space Community Centre</td><td>Upper Abbey Street, Nuneaton, CV11 5DN, Tel 02476 384491</td></tr><tr><td>Park House Youth Centre</td><td>Riversley Road, Nuneaton, CV11 5QS, Tel 02476 382815</td></tr></tbody></table>	Name	Contact details	Alderman Smith Youth Wing	Radnor Drive, Nuneaton, CV10 7ND, Tel 02476 341134	Bedworth Heath & Keresley Village	Croxhall Street, Bedworth, Cv12 8JB, Tel 02476 312295	Camp Hill Youth & Community Centre	Cedar Road, Camp Hill, Nuneaton, CV10 9DN, Tel 02476 757100	Eaton Youth Club	Higham Lane School, Higham Lane, Nuneaton, CV10 9EB, Tel 02476 370892	Family Community Care Centre	Ramsden Ave, Camp Hill, Nuneaton, CV10 9EB, Tel 02476 390008	George Eliot Youth Wing	Raveloe Drive, Nuneaton, CV10 4QP Tel 02476 384522	Hatters Space Community Centre	Upper Abbey Street, Nuneaton, CV11 5DN, Tel 02476 384491	Park House Youth Centre	Riversley Road, Nuneaton, CV11 5QS, Tel 02476 382815	Youth services for 13-18 year olds
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This referral guide was devised by Warwickshire Stop Smoking Service (an NHS service provided by the George Eliot Hospital) to encourage referrals to services within Warwickshire. Frequently we engage with clients who not only want to stop smoking but also have other issues that may prevent them from stopping smoking such as racism, divorce, pregnancy, drugs or depression for example. Also, many raise concerns over putting on weight should they quit smoking. This guide will be updated twice yearly, if you have any suggestions or updates for this guide please email zoe.jennison@nhs.net

Let's get referring to other services, providing clients with contact details of services which may be relevant to their concerns...for a healthier Warwickshire.