



# **Abbey Infant School**

## **PE Policy**

**May 2025**

Date of next review: May 2026

Signed: \_\_\_\_\_ (Head teacher)

\_\_\_\_\_ (PE coordinator)

\_\_\_\_\_ (Chair of Governors)

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

## **1. General Aims**

We will ensure:

- the effective delivery of the Foundation Stage and National Curriculum in order to promote high standards
- a happy and caring atmosphere to promote a confident and enthusiastic community of lifelong learners
- that all pupils will be encouraged to actively participate in a relevant, balanced and well-matched curriculum
- offering opportunities for challenge, enrichment and success
- a dedicated and committed staff and governors who regularly review teaching and learning to maintain our high standards
- the promotion of positive attitudes towards gender, race, religion and disability by fostering good relations, where individuals are valued with tolerance and respect
- a close partnership with parents and others in the community.

## **2. Rationale and Aims**

Our school's physical education curriculum is broad and balanced and allows pupils to develop to their full potential, at the same time increasing their self-confidence. Our pupils work in a safe and caring environment.

Progressive learning intentions combined with sympathetic and varied teaching approaches will provide stimulating, enjoyable and appropriately challenging learning experiences for all pupils. Pupils will enjoy success and be motivated to further develop their individual potential irrespective of ability.

## **3. Objectives and the Curriculum**

To effectively deliver the aims of the physical education National Curriculum that children will:

- develop competence to excel in a broad range of physical activities

- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

To provide a well-structured physical education curriculum, following the scheme 'Get Set 4 PE', which includes a good balance of the following areas of activity:

- |                      |                               |
|----------------------|-------------------------------|
| • Athletics          | • Sending and Receiving       |
| • Ball Skills        | • Striking and Fielding Games |
| • Dance              | • Target Games                |
| • Fitness            | • Team Building               |
| • Fundamentals       | • Yoga                        |
| • Gymnastics         |                               |
| • Invasion Games     |                               |
| • Net and Wall Games |                               |

We will deliver the National Curriculum, Key Skills and Citizenship.

**Early Years** provide physical activity throughout their daily routine and have additional support from 'Get Set 4 PE' and 'Healthy Movers' programme, which provides a good range of physical activities.

#### **4. SH Active Sports**

SH Active Sports will be offering the children a variety of sporting after school clubs for the children.

#### **5. Cross Curricular Links**

- Many aspects of PE are linked with, and contribute to, other aspects of the curriculum.
- Learning about the value of physical activity, the short-term effects of exercise on the body and the need for personal hygiene form an important part of PSHE, as well as Science. Timing activities, counting how many times a skill is completed and working out distance plays a part in Maths.
- Listening and communication skills play an important part in all areas of PE.
- Other cross curricular links as stated in the National Curriculum.

## **6. Competition**

Our school encourages competition in a supportive environment.

We actively promote team work, fair play and positive encouragement of others.

Currently we offer:

- Annual 'sports day'
- Inter sports competitions with other Infant schools in the local area.

## **8. Out of School Hours Learning (OSHL)**

Our school offers pupils opportunities to continue to develop and extend their enjoyment and participation in school sport. In offering a range of OSHL activities we complement overall school development in PE.

We currently offer:

- Breakfast clubs- 'Relax Kids' on Tuesdays.
- After school clubs- Through 'SH Active Sports' with multiple options changing on a half-termly basis.
- Other after school clubs include: Music, Board Games, Opal and Computing.
- All of our clubs are open to boys and girls.

## **9. Celebration and Achievement**

We celebrate PE achievements awarded outside of school within our 'WOW' Worship.

## **10. Planning**

- Long Term planning is the responsibility of the Head Teacher and PE subject leader.
- Medium Term planning is the responsibility of the PE subject leader.

- Short term planning is taken from the Scheme of Work 'The PE Hub' (Reception and KS1) and 'Healthy Movers' (Early Years) and is adapted as necessary by the class teacher to suit all children's needs and abilities.

## **11. Assessment, Recording and Reporting**

Feedback to pupils about their progress in P.E. is achieved mainly through discussion during the lesson.

Feedback is carried out between teacher, child and peers. It should aim to help pupils learn by encouraging them to think critically about what they have achieved, through self-assessment, and how they can progress.

Specific links are made to National Curriculum.

- Formative assessments are made by the teachers during PE lessons to help children develop and improve. The teacher completes these throughout the year for basic movements (including running, jumping, throwing and catching, as well as developing balance, agility and coordination, team games and dance). Assessments are also made alongside the PE scheme, Get Set 4 PE. This continues throughout Reception and KS1.
- Teachers use their formative assessments to plan future lessons and plan what skills children need more time to develop.
- Parents are informed annually of the PE curriculum covered.

## **12. More able pupils**

The school encourages pupils to extend their work where appropriate in order to reach their full potential.

Pupils work will be differentiated by task or outcome in order to provide challenges to match their ability and experience.

Pupils identified as talented in PE may be signposted to an OSHL club within school or outside of school within the community. Parents will be informed of pupils identified as more able in PE.

### **13. SEN**

The school strives to enable all pupils to reach their full potential. Staff will differentiate lessons for those needing extra support with PE. The pupils are supported by teachers, teaching assistants and outside agencies as appropriate. Within our SEN provision, teachers will use the 'PE Hub' scheme and adapt where necessary.

### **14. Equal Opportunities and Inclusion**

All pupils, irrespective of religion, age, gender, ethnicity, language or disability have an entitlement to receive a quality education, covering the full curriculum.

### **15. Adults Other Than Teachers (AOTTs)**

- AOTTs are welcomed and used to support the delivery of OSHL and curriculum PE.
- Our school is pro-active in extending PE opportunities for our pupils and we use AOTTs and coaches to provide specialist teaching when possible.
- All AOTTs have completed the necessary security checks including DBS.

### **16. Parental and Community Involvement**

Parental interest and support are valued in PE both during and outside curriculum time.

Parents will be encouraged to take an interest in their child's PE, such as supporting Sports Day and other sporting events.

### **17. Health & Safety**

To ensure safe practice pupils are taught to:

- Respond readily to instructions and signals.
- Follow relevant rules and safety procedures.
- Lift, carry and use apparatus and equipment correctly.
- Recognise the importance of wearing appropriate clothing and footwear for different activities.

Pupils must be dressed appropriately to move and perform safely in the particular lesson being undertaken. Our uniform policy has been adapted to allow all children to participate in their PE lessons without an additional PE kit.

Pupils are required and encouraged to wear the following uniform that is worn during PE lessons:

- Black Shorts or Skorts/Black Leggings/ Black Tracksuit bottoms
- White t-shirt
- Black trainers
- Bare feet are required for apparatus work.

#### General

- Long hair will be tied back.
- Small stud earrings are allowed, but will need to be covered with micropore medical tape. All other jewellery and watches will be removed.
- Teachers will wear suitable clothing and footwear.

Teachers take responsibility for altering a pupil's participation in PE lessons dependent on their clothing. Having our uniform policy adapted means pupils will not need an additional kit in school.

Pupils unable to participate in a P.E. lesson due to injury will either sit and join in another way, for example, helping the teacher with the timer or remain in the classroom with a Teaching Assistant.

## **18. Facilities**

Our School facilities include:

- School hall for gymnastics, dance and indoor games
- School field for games, athletics and outdoor activities

Weather dependent.

## **19. Resources**

- All members of the school are expected to take care and use all equipment safely and appropriately and any damage or loss should be immediately reported to the PE co-ordinator.
- Areas that need additional resources will be dealt with by the subject leader.

Equipment is stored as followed:

- Hall – gymnastic equipment and apparatus
- PE Shed – games and play equipment
- Opal Shed – playtime & lunchtime equipment
- Original Schemes of work and Information books are stored on 'shared' electronically. Individual class floor books are stored in each appropriate classroom.

## **20. Responsibilities**

**The Subject Leader is responsible for:**

- Implementing the PE curriculum, along with the schemes, The PE Hub and Healthy Movers.
- Monitoring, evaluation and development of teaching and learning, curriculum and resources.
- Updating staff on local and national developments.
- Maintaining the high profile of PE, enthusing staff and pupils.

**The Class Teacher is responsible for:**

- Preparing for all aspects of the lesson.
- Maximising opportunities for practice and activity for all pupils.
- Having due regard for safe practice.
- Being suitably dressed with appropriate footwear.



## **21. Monitoring and Evaluation**

Monitoring of Curriculum Area and Policy will be achieved through:

- Observations by PE co-ordinator.
- Policy and practice review.
- SIP review by Head teacher, governors, subject manager and teachers.
- Liaison with named governor with a special interest in this curriculum area.

## **22. Sports Premium**

This government funding aims to improve the Physical Education and Sports programmes offered by schools. Each year we will spend this funding on improving our provision of PE and physical activity. Annually the school will publish how the funding has been used and the impact it has made. This will be published on the school website.

